

# SPRING 2023

## NON-CREDIT COURSE CATALOG



New courses are being added all the time!

For the most updated schedule visit

[www.sunysuffolk.edu/ce](http://www.sunysuffolk.edu/ce)

PROFESSIONAL DEVELOPMENT AND CONTINUING EDUCATION  
(631) 451-4114

## CONTINUING EDUCATION REGISTRATION INFORMATION

1. Please print clearly, except for signature.
2. List the course number, CRN, and title of the course for which you are registering.
3. Sign the Declaration of Residence. If the statement does not apply to you, contact the Cashier's Office at:  
Eastern Campus - 631-548-2545 • Ammerman Campus - 631-451-4086 • Michael J. Grant Campus - 631-851-6730
4. You must include a check or money order, made payable to Suffolk County Community College, for the tuition payment. Cash will not be accepted.
5. Submit the completed registration form and payment by mail or in person to the Registrar Office at the campus to which you are applying for a course.
6. If you wish to register and pay online, please visit the College website at [sunysuffolk.edu](http://sunysuffolk.edu). New students must follow the new, non-degree student application procedure before registering. Use this form only if you have never attended or applied to SCCC, and you wish to take continuing education classes without being admitted to a degree program. Please allow one business day for this application to be processed prior to registering. Entering your email address will result in immediate confirmation of your application once you submit it. Prior applicants can register immediately online.
7. Please note the room assigned ON YOUR SCHEDULE as it may be different than that which is listed in this brochure.

## GENERAL INFORMATION

### COURSE LOCATIONS

**Ammerman Campus** • 533 College Road • Selden, New York 11784  
**Eastern Campus** • 121 Speonk-Riverhead Road • Riverhead, New York 11901  
**Michael J. Grant Campus** • Crooked Hill Road • Brentwood, New York 11717  
**Sally Ann Slacke Center** • Michael J. Grant Campus • Crooked Hill Road • Brentwood, New York 11717  
**Culinary Arts and Hospitality Center** • 20 Main Street • Riverhead, New York 11901  
**Sayville Downtown Center** • 30 Greene Avenue • Sayville, New York 11782

### CLASS CANCELLATION AND REFUND POLICY

If a course should be canceled due to insufficient enrollment, you will be notified by the Registrar Office and you will have a check issued as promptly as possible. Full tuition refunds will be automatically issued to students who officially withdraw/drop up to one (1) day prior to the first class meeting. For all courses that meet more than once but are shorter than the full semester, an official withdrawal prior to the second class meeting will result in a 50% refund of tuition. Please visit [sunysuffolk.edu/ContinuingEd](http://sunysuffolk.edu/ContinuingEd) for additional information.

### ADMITTANCE TO CLASS

Since all courses are enrolled on a first-come, first-served basis, we encourage you to apply early. Students will be mailed a receipt within two weeks of registration. If you do not receive this, please call the Registrar Office at the campus for which you are registering. You do not need any special card or receipt to be admitted to class. Instructors are provided with class lists with the names of those officially registered. You will not be admitted to class unless your name is on a class list, and you have paid your tuition and applicable fees. Once again, please make note of the room in which your class is meeting, as noted ON YOUR SCHEDULE. That is the room to which you should report for class. It may be different than that which is noted in the brochure.

### RETURNED CHECK CHARGE

A fee of \$30.00 will be charged for any check that is returned to the College for any reason.

**NOTE: THE COLLEGE RESERVES THE RIGHT TO CANCEL ANY COURSE, TO MAKE CHANGES IN FEES OR SUBSTITUTIONS IN FACULTY AND TO CHANGE DAYS OR HOURS WHEN NECESSARY. EVERY EFFORT IS MADE TO PROVIDE NECESSARY, CORRECTED INFORMATION TO THE STUDENTS AS SOON AS POSSIBLE.**

## NON-DISCRIMINATION NOTICE

Suffolk County Community College does not discriminate on the basis of race, color, religion, creed, sex, age, marital status, gender identity or expression, sexual orientation, familial status, pregnancy, predisposing genetic characteristics, equal pay compensation-sex, national origin, military or veteran status, domestic violence victim status, criminal conviction or disability in its admissions, programs and activities. This applies to all employees, students, applicants or other members of the College community (including, but not limited to, vendors and visitors). Grievance procedures are available to interested persons by contacting either of the Civil Rights Compliance Officers/Coordinators listed below. Retaliation against any person who files a complaint, serves as a witness, or assists or participates in the investigation of a complaint in any manner is strictly prohibited. For more information, see: [www.sunysuffolk.edu/nondiscrimination](http://www.sunysuffolk.edu/nondiscrimination).

The following person has been designated to handle inquiries regarding the College non-discrimination policies:

#### Civil Rights Compliance Officers

##### Christina Vargas

Chief Diversity Officer / Title IX Coordinator  
Ammerman Campus, NFL Bldg., Suite 230  
533 College Road, Selden, New York 11784-2899  
[vargasc@sunysuffolk.edu](mailto:vargasc@sunysuffolk.edu)  
(631) 451-4590

or

##### Dionne Walker Belgrave

Affirmative Action Officer/Deputy Title IX Coordinator  
Ammerman Campus, NFL Bldg., Suite 230  
533 College Road, Selden, New York 11784-2899  
[walkerd@sunysuffolk.edu](mailto:walkerd@sunysuffolk.edu)  
(631) 451-4051

In an emergency, contact Public Safety to make a report 24 hours a day/7 days a week by calling (631) 451-4242 or dialing 311 from any College phone.

#### Inquiries or complaints concerning alleged civil rights violations in the College education admissions, programs and activities may also be directed to:

Office for Civil Rights (OCR) – Enforcement Office  
U.S. Department of Education  
32 Old Slip 26th Floor,  
New York, NY 10005-2500  
Telephone: (646) 428-3800  
Fax: (646) 428-3843

TDD: (877) 521-2172

Email: [OCR.NewYork@ed.gov](mailto:OCR.NewYork@ed.gov)

Also see: <https://wdcrobcop01.ed.gov/CFAPPS/OCR/contactus.cfm>

#### Inquiries or complaints concerning discrimination in employment practices may also be directed to:

NYS Division of Human Rights  
Long Island (Suffolk)  
New York State Office Building  
250 Veterans Memorial Highway, Suite 2B-49  
Hauppauge, NY 11788  
Telephone: (631) 952-6434  
TDD: (718) 471-8300  
Email: [InfoLongIsland@dhr.ny.gov](mailto:InfoLongIsland@dhr.ny.gov)  
Also see: <https://dhr.ny.gov/how-file-complaint>  
U.S. Equal Employment Opportunity Commission (EEOC)  
New York District Office  
33 Whitehall Street, 5th Floor  
New York, NY 10004  
Telephone: (800) 669-4000  
Fax: (212) 336-3790  
TTY: (800) 669-6820  
ASL Video Phone: (844) 234-5122  
Also see: <https://www.eeoc.gov/field/newyork/charge.cfm>

Suffolk County Community College is committed to fostering a diverse community of outstanding faculty, staff, and students, as well as ensuring equal opportunity and non-discrimination in employment, education, access to services, programs, and activities, including career and technical education opportunities.

A copy of the postsecondary career and technical education courses offered by the College is available and may be obtained on our website at [sunysuffolk.edu/explore-academics/college-catalog](http://sunysuffolk.edu/explore-academics/college-catalog) or by calling the Office of Admissions at (631) 451-4000 to request a mailing.

**CONTINUING EDUCATION REGISTRATION FORM – SPRING 2023**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Name: \_\_\_\_\_

The Personal Privacy Protection Law requires this notice to be provided when collecting personal information from individuals. The information on this registration form will be used by the College to evaluate your request for registration and will be incorporated into your student records if/when you enroll. Failure to provide the requested information could prevent your registration from being processed. The authority to request this information is found in Section 355(2)(h) of the NYS Education Law. This registration form information will be maintained in the College Records Office and/or by the Office for Continuing Education, as appropriate. The official(s) responsible for the maintenance of this information is the College Registrar and/or the Office for Continuing Education, Suffolk County Community College, 533 College Road, Selden, NY 11784. Your Social Security Number is used to coordinate the collection of information for all your student records. Authority to collect the Social Security Number is granted under Section 355 of the New York Education Law. The disclosure of your Social Security Number is voluntary, and you may refuse to provide this information.

Social Security #: \_\_\_\_\_

TERM: \_\_\_\_\_ Fall \_\_\_\_\_ Spring \_\_\_\_\_ Summer \_\_\_\_\_ Wintersession \_\_\_\_\_ Year: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP Code: \_\_\_\_\_

Permanent Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP Code: \_\_\_\_\_  
(Address where you reside)

County (if other than Suffolk): \_\_\_\_\_ Home Phone: ( ) \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_

High School Attended: \_\_\_\_\_

Date of Birth: Day \_\_\_\_\_ Month \_\_\_\_\_ Year \_\_\_\_\_ Former Last Name: \_\_\_\_\_

Home Campus: \_\_\_\_\_ Email: \_\_\_\_\_  
A = Ammerman (Selden) E = East (Riverhead) W = West (Michael J. Grant/Brentwood)

Gender/Ethnicity/Race (These questions are for statistical purposes only. Your response is optional and does not affect your admission/registration. You will be given another opportunity to provide this information after registration if you wish to do so):

Gender: \_\_\_\_\_ (F=Female / M=Male)

Ethnicity:  
 Are you Hispanic/Latino?  Yes  No  
 If Hispanic or Latino, please indicate your ethnicity (select one):  
 Cuban  Dominican  Mexican  Puerto Rican  South American  Central American  Other Hispanic/Latino

Race (select one or more):  
 American Indian or Alaska Native  Asian  Black or African American  Native Hawaiian or Other Pacific Islander  White

- Background Information:**
1. Have you ever been suspended from college for disciplinary reasons?  Yes  No
  2. Have you been a legal resident of the State of New York for the past twelve (12) months?  Yes  No
  3. Have you been a resident of the County of Suffolk for the past six (6) months?  Yes  No
  4. Are you a citizen of the United States?  Yes  No
  5. Are you a veteran of the United States Armed Forces?  Yes  No

**EMERGENCY CONTACT INFORMATION:**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Relationship: \_\_\_\_\_  
 Primary Phone: \_\_\_\_\_  Home  Work  Cell  Other  
 Secondary Phone: \_\_\_\_\_  Home  Work  Cell  Other

**COURSE SELECTION:**

CAMPUS (A, E, W)	CRN (ex: 91508)	SUBJECT (ex: ENG)	COURSE (ex: 101)	TUITION AND FEES
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Form of Payment  Check  Money Order Amount Due: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ Date: \_\_\_\_\_

Mail this form to the Registrar office at the campus where you are applying for courses.

Suffolk County Community College  
 Eastern Campus  
 Registrar Office  
 121 Speonk-Riverhead Road  
 Riverhead, NY 11901

Suffolk County Community College  
 Ammerman Campus  
 Registrar Office  
 533 College Road  
 Selden, NY 11784

Suffolk County Community College  
 Michael J. Grant Campus  
 Registrar Office  
 Crooked Hill Road  
 Brentwood, NY 11717

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For Office Use Only: (NEWNONM: SAAQUIK/SFAREGS)

Processed by: \_\_\_\_\_ Campus: \_\_\_\_\_ Date: \_\_\_\_\_

Revised: 5/11/22

SPRING 2023

CULINARY

Our culinary art courses are designed to provide the best hands-on experience with our skilled chefs. Many of our classes have a seat limit of 12 to 16 students allowing for personalized instruction.

**XCUI46 A GREAT WINE AND CHEESE PARTY**

**Tuition \$85.00**

Though they're famous for going well together, cheese and wine aren't the easiest of things to understand. Whether you're a die-hard wine and cheese fan or just want to indulge, this class will teach you how to pair artisan cheeses with the perfect counterpart. The class will showcase both classic and unconventional pairings. Learn which cheese types best match your favorite wines. Perfect for cheese lovers or anyone who's ever been asked to bring wine and cheese to a party. Please note: Individuals must be at least 21 years of age to participate in the wine tasting. (1 meeting)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37972	Riverhead	Friday	4/28	6:00pm-9:00pm	Demo Theatre, Culinary Arts, 133

**XCUI89 THE ART OF HORS D'OEUVRES**

**Tuition \$99.00**

Excite your palate with the beautiful appearance and unique flavors of hors d'oeuvres prepared using local ingredients. Hot and cold selections will be featured. (1 meeting)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37973	Riverhead	Friday	3/31	6:00pm-10:00pm	Culinary Arts, 127

PREPARATION COURSES

HIGH SCHOOL EQUIVALENCY

**XBS066 GED/HSE PREPARATION**

**Tuition \$155.00**

As of January 2022, New York State replaced the TASC exam with the GED Testing Service. This comprehensive basic skills and college preparation course is a complete program that provides the student with individualized assessment, 90 hours of instruction, computer lab time, practice tests and an opportunity to apply to sit for the GED exam. Students are required to purchase GED Test Prep Plus 2022-2023: 2 Practice Tests + Proven Strategies + Online (Kaplan Test Prep) (ISBN 978-1506277356). All students must be 18 years of age or older to register for this class. For additional information, call 631-451-4926 or visit:

<https://www.sunysuffolk.edu/GED> (90 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37770	Riverhead	Mon/Wed	1/30-5/22	6:00pm-9:00pm	Culinary Arts, 221
37771	Riverhead	Mon/Wed	1/30-5/22	9:30am-12:30pm	Culinary Arts, 221
37772	Ammerman	Tue/Th	1/31-5/23	6:00pm-9:00pm	Southampton Bldg., 128
37773	Ammerman	Mon/Wed	1/30-5/22	9:30am-12:30pm	Smithtown Science Bldg., 113
37774	Grant	Tue/Th	1/31-5/23	9:30am-12:30pm	Sally Slacke Ctr., 102
37775	Grant	Mon/Wed	1/30-5/22	6:00pm-9:00pm	Sally Slacke Ctr., 102
37776	Online	Tue/Th	1/31-5/23	6:30pm-9:30pm	Online
37777	Online	Mon/Wed	1/30-5/22	9:30am-12:30pm	Online

**XBS020 GED/HSE FOR ELL LEVEL 4 OR 5 STUDENTS**

**Tuition \$100.00**

This course is designed for level 4 or level 5 English Language Learner (ELL) students. It focuses on the vocabulary needed to pass the four subjects: English Language Reasoning (ELR), math, science and history on the GED exam. Topics covered include American history, math comprehension, science vocabulary, writing an argumentative essay and improving grammar skills. (39 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
38189	Ammerman	Tue/Th	5/16-6/27	6:30pm-9:30pm	Southampton Bldg., 128
38190	Ammerman	Tue/Th	5/16-6/27	9:30am-12:30pm	Southampton Bldg., 128
38191	Online	Mon/Wed	5/15-7/3	6:30pm-9:30pm	Online

REGENTS REVIEW

**XEP119 EARTH SCIENCE REGENTS REVIEW**

**Tuition \$165.00**

Review for the Earth Science Regents Exam by participating in an intensive workshop. Prepare for the practical, multiple choice and short answer portions of the exam through in-class problem solving and strategizing, practice test taking and by developing a personal study plan. **Students must bring the current Barron's Regents Exams and Answers for this course to class.** (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37954	Online	Tue/Th	5/30-6/15	4:00pm-6:00pm	Online

**XEP124 LIVING ENVIRONMENT REGENTS REVIEW**

**Tuition \$165.00**

Review for the Biology Regents Exam by participating in an intensive workshop. Prepare for the practical, multiple choice and short answer portions of the exam through in-class problem solving and strategizing, practice test taking and by developing a personal study plan. **Students must bring the current Barron's Regents Exams and Answers for this course to class.** (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37955	Online	Tue/Th	5/25-6/13	4:00pm-6:00pm	Online

**XEP125 CHEMISTRY REGENTS REVIEW**

**Tuition \$165.00**

Review for the Chemistry Regents Exam by participating in an intensive workshop. Prepare for the practical, multiple choice and short answer portions of the exam through in-class problem solving and strategizing, practice test taking and by developing a personal study plan. **Students must bring the current Barron's Regents Exams and Answers for this course to class.** (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37956	Online	Tue/Th	5/30-6/15	4:00pm-6:00pm	Online

**XEP126 PHYSICS REGENTS REVIEW**

**Tuition \$165.00**

Review for the Physics Regents Exam by participating in an intensive workshop. Prepare for the practical, multiple choice and short answer portions of the exam through in-class problem solving and strategizing, practice test taking and by developing a personal study plan. **Students must bring the current Barron's Regents Exams and Answers for this course to class.** (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37957	Online	Tue/Th	6/1-6/20	4:00pm-6:00pm	Online

**XEP127 ALGEBRA I REGENTS REVIEW****Tuition \$165.00**

Review for the Algebra Regents Exam by participating in an intensive workshop. Prepare for the practical, multiple choice and short answer portions of the exam through in-class problem solving and strategizing, practice test taking and by developing a personal study plan. **Students must bring the current *Barron's Regents Exams and Answers* for this course to class.** (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37958	Online	Tue/Th	5/25-6/13	6:30pm-8:30pm	Online

**XEP128 GEOMETRY REGENTS REVIEW****Tuition \$165.00**

Review for the Geometry Regents Exam by participating in an intensive workshop. Prepare for the practical, multiple choice and short answer portions of the exam through in-class problem solving and strategizing, practice test taking and by developing a personal study plan. **Students must bring the current *Barron's Regents Exams and Answers* for this course to class.** (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37959	Online	Tue/Th	5/25-6/15	6:30pm-8:30pm	Online

**XEP140 ALGEBRA II REGENTS REVIEW****Tuition \$165.00**

Review for the Algebra II Regents Exam by participating in an intensive workshop. Prepare for the practical, multiple choice and short answer portions of the exam through in-class problem solving and strategizing, practice test taking and by developing a personal study plan. **Students must bring the current *Barron's Regents Exams and Answers* for this course to class.** (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37960	Online	Tue/Th	6/1-6/20	6:30pm-8:30pm	Online

**XEP133 U.S. HISTORY AND GOVERNMENT REGENTS REVIEW****Tuition \$165.00**

Review for the U.S. History and Government Regents Exam by participating in an intensive workshop. Prepare for the multiple choice, essay and DBQ portions of the exam through in-class problem solving and strategizing, practice test taking and by developing a personal study plan. **Students must bring the current *Barron's Regents Exams and Answers* for this course to class.** (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37961	Online	Mon/Wed	5/8-5/24	4:00pm-6:00pm	Online

**XEP134 GLOBAL HISTORY AND GEOGRAPHY II REGENTS REVIEW****Tuition \$165.00**

Review for the Global History and Geography Regents Exam by participating in an intensive workshop. Prepare for the multiple choice, essay and document-based questions (DBQ) portions of the exam through in-class problem solving and strategizing, practice test taking and by developing a personal study plan. **Students must bring the current *Barron's Regents Exams and Answers* for this course to class.** (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37962	Online	Mon/Wed	5/29-6/14	4:00pm-6:00pm	Online

**XEP141 ENGLISH LANGUAGE ARTS REGENTS REVIEW****Tuition \$165.00**

Review for the English Language Arts Regents Exam by participating in an intensive workshop. Prepare for the multiple choice, essay and document-based questions (DBQ) portions of the exam through in-class problem solving and strategizing, practice test taking and by developing a personal study plan. **Students must bring the current *Barron's Regents Exams and Answers* for this course to class.** (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37963	Online	Mon/Wed	5/24-6/12	6:30pm-8:30pm	Online

**EXAM PREPARATION****XEP107 CIVIL SERVICE PREPARATION****Tuition \$99.00**

This course will assist students as they prepare for civil service and other employment examinations. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37778	Ammerman	Saturday	2/25	9:00am-12:00pm	Southampton Bldg., 125

**XEP100 NOTARY PUBLIC PREPARATION****Tuition \$50.00**

Prepare for the New York State Notary Public Exam. This course will familiarize the student with registration and test procedures in addition to covering notary public license law. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37779	Online	Wednesday	2/8	6:00pm-9:00pm	Online
37780	Online	Wednesday	3/29	6:30pm-9:30pm	Online

**XEP108 SAT PREPARATION COURSE****Tuition \$259.00**

Review for the latest version of the Scholastic Aptitude Test (SAT) by participating in an intensive workshop for high school juniors and seniors. Prepare for the mathematics, verbal and writing portions which include basic review skills, in-class problem solving and strategizing, practice test taking and developing a personal study plan. Information about the new student security rules for registration and testing will be covered. **Students are required to purchase *McGraw-Hill Education SAT 2023, 1<sup>st</sup> Edition (ISBN 978-1264594306)*.** (18 hours) No class on April 8.

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37781	Online	Tue/Th	2/21-3/14	6:00pm-9:00pm	Online
37782	Online	Tue/Th	4/18-5/4	6:00pm-9:00pm	Online
37783	Online	Saturday	3/18-4/29	9:00am-12:00pm	Online
37784	Online	Mon/Wed	5/15-5/31	6:00pm-9:00pm	Online
37785	Online	Saturday	4/22-5/27	9:00am-12:00pm	Online

**XEP118 NYPD POLICE OFFICER ENTRANCE EXAM PREPARATION****Tuition \$45.00**

Learn the "ins and outs" of the NYPD Police Officer Entrance Exam from a New York City Police Department lieutenant. This two-hour course is designed to give those interested in criminal justice valuable insight into this exam. (4 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37787	Ammerman	Monday	3/13	6:00pm-8:00pm	Southampton Bldg., 125
37788	Online	Wednesday	4/26	6:00pm-8:00pm	Online

**XSA101 CASAC (CREDENTIALLED ALCOHOLISM AND SUBSTANCE ABUSE COUNSELOR) EXAM PREPARATION****Tuition \$99.00**

This is a four-week prep course with each session concentrated around the four performance domains of CASAC: 1) screening, assessment and engagement 2) treatment planning, collaboration and referral 3) counseling 4) professionalism and ethics. Each session ends with a CASAC test with questions central to that domain. (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37789	Ammerman	Wednesday	3/7-4/4	6:00pm-9:00pm	Riverhead Bldg., 225

**XEP200 VETERINARY TECHNICIAN NATIONAL EXAM PREP****Tuition \$199.00**

This course will prepare the student for the National Veterinary Technician National Exam. Participants will review the nine domains and the American Association of Veterinarian State Boards knowledge statements each week. This course does not replace independent preparation and studying. It is a summary and review of study material and will identify weak areas that require further student study. (22 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37790	Online	Wednesday	5/3-7/12	6:30pm-8:30pm	Online

**XEP201 NATIONAL PHYSICAL THERAPY EXAM (NPTE) PREPARATION****Tuition \$165.00**

This course focuses on content review for the National Physical Therapy Exam (NPTE) for the Physical Therapist Assistant. Students will complete a structured series of sample test questions, then engage in discussions regarding the rationale, structure and format of the answer choices. Required text: *TherapyEd, PTA Examination Review and Study Guide*, O'Sullivan, Siegelman and Ryan, 6<sup>th</sup> Edition, ISBN: 9780990416265. (15 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
TBA	TBA	TBA	TBA	TBA	TBA

**XNE101 TEST OF ESSENTIAL SKILLS (TEAS) PREPARATION****Tuition \$109.00**

The TEAS is required for admission to Suffolk County Community College Nursing program. This intensive course will provide "brush-up" instruction in the four academic areas that the test covers: reading comprehension, English (grammar, sentence structure and vocabulary), mathematics (operations, percent and fractions, measurement, the metric system, graphing and algebra) and science (scientific reasoning, human body science, life science and physical science). Pre-test and post-test results, along with prescriptive advice for individual study will be provided. 12 hours. Students must purchase the ATI TEAS Study Manual 2022-2023 edition, published by ATI (ISBN: 978-1565332393) before the first class (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37970	Online	Online	1/23-2/13	Online	Online
37791	Online	Online	2/20-3/13	Online	Online
37792	Sayville	Tuesday	3/28-4/18	5:00pm-8:00pm	308

**XNE201 ADVANCE TEST OF ESSENTIAL SKILLS (TEAS) PREPARATION****Tuition \$159.00**

This course will prepare the student for the National Veterinary Technician National Exam. Participants will review the nine domains and the American Association of Veterinarian State Boards knowledge statements each week. This course does not replace independent preparation and studying. It is a summary and review of study material and will identify weak areas that require further student study. (15 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37875	Sayville	Tue/Th	4/25-5/9	5:00pm-8:00pm	308

**SCIENCE REVIEW****XSC105 CHEMISTRY REVIEW FOR BIOLOGY STUDENTS****Tuition \$70.00**

This course reviews what chemistry students must know for success in college biology and the anatomy and physiology sequence. Topics include: energy and matter; composition of matter; electrons and chemical reactions; chemical bonding and molecular representations; types of chemical bonds; types of molecule compounds; and energy production in a cell. (7 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37794	Ammerman	Tue/Wed	1/17-1/18	9:00am-12:30pm	Smithtown Science Bldg., 113
37795	Online	Wed/Th	1/18-1/19	6:00pm-9:30pm	Online

**XSC106 PREPARATION FOR INTRODUCTORY SCIENCE COURSES****Tuition \$85.00**

Get the tools you need to succeed in an introductory college chemistry or biology course. Topics include: metacognition and active methods; scientific method; metric system; scientific notation; introduction to chemistry for biology students; and introduction to cell biology. (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37797	Ammerman	Tue/Wed/Th	1/10-1/12	9:00am-1:00pm	Smithtown Science Bldg., 114
37796	Online	Tue/Wed/Th	1/10-1/12	6:00pm-10:00pm	Online

**XEP120 MATH REVIEW FOR INTRODUCTORY SCIENCE COURSES****Tuition \$165.00**

Review the basics of algebra. This course is designed for students who need to brush up on mathematical skills prior to taking credit-bearing courses such as engineering, chemistry or physics. (15 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37798	Ammerman	Tue-Fri	1/17-1/20	6:00pm-9:45pm	Smithtown Science Bldg., 112
37799	Online	Tue-Fri	1/17-1/20	9:00am-12:45pm	Online

**XSC125 ESSENTIAL A&P REVIEW FOR ANATOMY & PHYSIOLOGY PART I****Tuition \$70.00**

This course is designed for students registered for BIO130 (A&PI) who need to review essential course content from the prerequisite courses. The course will cover a basic review of inorganic chemistry, biochemistry, cell structure, functions, including cellular respiration. (7.5 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37800	Ammerman	Tue/Wed	1/17-1/18	6:00pm-9:45pm	Smithtown Science Bldg., 111
38098	Online	Th/Fri	1/19-1/20	9:00am-12:45pm	Online

**XSC126 ESSENTIAL A&P REVIEW FOR ANATOMY & PHYSIOLOGY PART II****Tuition \$80.00**

This course is designed for students registered for BIO132 (A&PII) who need to review essential BIO130 (A&PI) concepts. The course is a basic review of anatomy, including cell functions, membrane transport, major tissue types, body cavities, body membranes, skeletal muscles and nervous system physiology. (9 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37802	Ammerman	Tue/Th	1/17-1/19	9:00am-1:30pm	Smithtown Science Bldg., 114
37816	Online	Tue/Th	1/17-1/19	5:30pm-10:00pm	Online

**XSC127 ESSENTIAL A&P REVIEW FOR MICROBIOLOGY****Tuition \$70.00**

This course is designed for students registered for BIO244 (General Microbiology) who need to review essential BIO130 (A&PI) and BIO132 (A&PII) concepts. The course is a basic review of inorganic chemistry, biochemistry, immunology, cell structure and function, including cellular respiration, and gene expression. (7 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37803	Ammerman	Tue/Th	1/10-1/12	9:00am-12:30pm	Smithtown Science Bldg., 113
37804	Online	Wed/Fri	1/11-1/13	6:00pm-9:30pm	Online

**BASIC SKILLS****XBS110 OVERCOME YOUR FEAR OF PUBLIC SPEAKING****Tuition \$144.00**

Learn the art of oral communication and leave all fears behind. Learn exercises to identify and overcome fears, practice in a variety of communication situations and develop the confidence for more effective communication in any setting. (16 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37805	Sayville	Tue/Th	2/16-3/16	10:00am-12:00pm	308

**XBS128 STUDY SKILLS – GRADES 7-8****Tuition \$50.00**

This course is designed to improve the student's ability to study for middle school level courses. This skill is essential to academic success. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37806	Online	Mon/Tue	3/13-3/14	6:30pm-8:00pm	Online

**XBS129 TIME MANAGEMENT – GRADES 7-8****Tuition \$50.00**

Learn how to meet the conflicting demands on time. This workshop will teach strategies to find more time and overcome procrastination, become organized, clarify goals, and establish priorities. Upon completion of this course, students will be better prepared to achieve their educational objectives. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37807	Online	Mon/Tue	3/20-3/21	6:30pm-8:00pm	Online

**XBS126 STUDY SKILLS – GRADES 9-12****Tuition \$50.00**

This course is designed to improve the student's ability to study for high school level courses. This skill is essential to academic success. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37808	Online	Wed/Th	3/15-3/16	6:30pm-8:00pm	Online

**XBS127 TIME MANAGEMENT – GRADES 9-12****Tuition \$50.00**

Learn how to meet the conflicting demands on time. This workshop will teach strategies to find more time and overcome procrastination, become organized, clarify goals, and establish priorities. Upon completion of this course, students will be better prepared to achieve their educational objectives. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37809	Online	Wed/Th	3/22-3/23	6:30pm-8:00pm	Online

**XBS106 STUDY SKILLS****Tuition \$50.00**

This course is designed to improve the student's ability to study for college-level courses. This skill is essential to academic success. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37810	Sayville	Monday	3/27	6:30pm-9:30pm	308

**XBS116 TIME MANAGEMENT****Tuition \$50.00**

Learn how to meet the conflicting demands on time. This workshop will teach strategies to find more time and overcome procrastination, become organized, clarify goals, and establish priorities. Upon completion of this course, students will be better prepared to achieve their educational objectives. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37811	Sayville	Tuesday	3/28	6:30pm-9:30pm	319

**COMPUTER COURSES**

Students are required to bring a USB flash drive with a minimum of 1GB storage to all computer classes.

**BASIC COMPUTER SKILLS AND TECHNOLOGY SKILLS****XCO115 INTRODUCTION TO COMPUTING****Tuition \$175.00**

Learn about the internet, hardware, software, and basic computer operations that help students meet their educational objectives. Students will become acquainted with Windows and Microsoft Office components including Word, Excel, and PowerPoint. (24 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37815	Grant	Tue/Th	2/7-2/23	6:00pm-10:00pm	Sally Slacke Ctr., 103

**XCO105 BASIC KEYBOARDING AND COMPUTER SKILLS****Tuition \$85.00**

This course provides basic keyboarding, practice, and general computer operating instructions so that students can use the computer to complete their coursework. (10 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37817	Ammerman	Saturday	2/11-2/25	9:00am-12:20pm	Riverhead Bldg., 212

**WINDOWS****XCO116 COMPUTER ORIENTATION AND WINDOWS****Tuition \$85.00**

This course familiarizes students with the basic operation of the computer, the Windows interface, the use of the mouse and storage, and program management. This course will cover managing files, manipulating the Windows environment, and utilizing Windows to move between applications. Students will be taught how to configure Windows for their use, as well as how to use some of the utility programs that come with Windows. (8 hours) (0.8 CEU)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37818	Grant	Mon/Wed	2/6-2/8	6:00pm-10:00pm	Sally Slacke Ctr., 103

**MICROSOFT OFFICE SUITE****XCA135 INTRODUCTION TO MICROSOFT OFFICE****Tuition \$135.00**

Students will learn how to use the popular Microsoft Office package that includes Word (word processing), Excel (spreadsheet), PowerPoint (presentation) and Access (database management). (15 hours) (1.5 CEU)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37819	Ammerman	Mon/Wed	2/13-2/27	6:15pm-10:00pm	Smithtown Science Bldg., 118

**XCA101 INTRODUCTION TO MICROSOFT WORD****Tuition \$99.00**

This introductory course covers creating a document, saving and retrieving it, massaging the text, modifying its appearance, and printing. Many of the most commonly used features of word processing, including underlining, bold printing, justifying and centering text will be covered. Prerequisite: XCO116 or equivalent knowledge. (10 hours) (1.0 CEU)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37820	Ammerman	Mon/Wed	3/6-3/15	6:30pm-9:00pm	Smithtown Science Bldg., 118
37821	Eastern	Saturday	2/25-3/18	9:00am-11:30am	Orient Bldg., 209

**XCA201 INTERMEDIATE MICROSOFT WORD****Tuition \$130.00**

This course builds upon Introduction to Microsoft Word – Part I and covers creating tables and columns, simple document merges, and form letters for different paper sizes.

Prerequisite: XCA101. (12 hours) (1.2 CEUs)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37822	Ammerman	Mon/Wed	3/27-4/5	7:00pm-10:00pm	Smithtown Science Bldg., 118

**XCA301 ADVANCED MICROSOFT WORD****Tuition \$130.00**

This course covers advanced topics such as footnotes, endnotes, styles, graphics, advanced page layouts, and macros. Prerequisite: XCA201. (12 hours) (1.2 CEUs)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37823	Ammerman	Mon/Wed	4/17-4/26	7:00pm-10:00pm	Smithtown Science Bldg., 118

**XCA105 INTRODUCTION TO MICROSOFT EXCEL****Tuition \$165.00**

This course provides hands-on experience for the creation of electronic spreadsheets using Microsoft Excel. Topics include the basics of spreadsheet design and use of statistical and financial functions to produce reports. Prerequisite: XCO116 or equivalent knowledge. (15 hours) (1.5 CEUs)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37824	Grant	Tue/Th	3/7-3/16	6:00pm-9:45pm	Sally Slacke Ctr., 116
37825	Ammerman	Saturday	2/18-3/11	9:00am-12:45pm	Riverhead Bldg., 118
37826	Online	Monday	2/6-3/6	6:00pm-9:45pm	Online

**XCA205 INTERMEDIATE MICROSOFT EXCEL****Tuition \$165.00**

This course covers topics such as data management, template manipulation, file manipulation and management, and ribbon management. Prerequisite: XCA105. (15 hours) (1.5 CEUs)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37827	Brentwood	Tue/Th	3/28-4/6	6:00pm-9:45pm	Sally Slacke Ctr., 116
37828	Online	Monday	3/13-4/10	6:00pm-9:45pm	Online

**XCA305 ADVANCED MICROSOFT EXCEL****Tuition \$165.00**

This course covers advanced topics including data analysis with pivot tables; workbook management; macro creation; and advanced graphing techniques. Prerequisite: XCA205. (15 hours) (1.5 CEUs)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37829	Ammerman	Tue/Th	4/11-4/20	6:00pm-9:45pm	Sally Slacke Ctr., 116

**XCA110 INTRODUCTION TO MICROSOFT ACCESS****Tuition \$165.00**

Take control of your data with an introduction to this full-featured Microsoft database program used for manipulating data. Students will learn how to construct a new database, create a table, and import data from Excel for analysis. Prerequisite: XCO116 or equivalent knowledge. (15 hours) (1.5 CEUs)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37830	Ammerman	Saturday	3/4-4/1	9:00am-12:45pm	Riverhead Bldg., 212

**XCA210 INTERMEDIATE MICROSOFT ACCESS****Tuition \$165.00**

Take your data to the next level with this hands-on experience. Students will create and design forms and advanced reports, use the make table query, the append query and the update query features and other advanced query functions to create fields. Design forms and reports to include graphics. Prerequisite: XCA110. (15 hours) (1.5 CEUs)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37831	Ammerman	Saturday	4/15-5/6	9:00am-12:45pm	Riverhead Bldg., 212

**XCA125 INTRODUCTION TO POWERPOINT****Tuition \$99.00**

Students will learn how to develop exciting presentation materials, including a computer slide show. This introductory course covers button bars, wizards, text, formats, and slide construction. Prerequisite: XCO116. (10 hours) (1.0 CEU)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37832	Ammerman	Tue/Th	2/21-3/02	6:00pm-9:20pm	Smithtown Science Bldg., 118

**XCA225 INTERMEDIATE POWERPOINT****Tuition \$90.00**

Students will build on the basics learned in Introduction to PowerPoint. Topics include linking to a Word document and an Excel spreadsheet, creating hyperlinks and action buttons, inserting slides from a file, using the drawing tools, and saving a presentation as an HTML file. Prerequisite: XCA125. (6 hours) (0.6 CEUs)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37833	Ammerman	Tue/Th	3/7-3/9	6:00pm-9:00pm	Smithtown Science Bldg., 118

**GRAPHICS AND PAGE LAYOUT SOFTWARE****XCG106 INTRODUCTION TO ADOBE PHOTOSHOP****Tuition \$135.00**

Students will learn how to use Adobe Photoshop to create professional images ready for publication in print, multimedia and on the web. Practice with tools, commands, and features that enhance images and optimize color. Prerequisite: XCO116 or equivalent knowledge. (12 hours) (1.2 CEUs)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37834	Grant	Thursday	4/13-4/27	6:00pm-10:00pm	Sally Slacke Ctr., 103

**XCG206 INTERMEDIATE ADOBE PHOTOSHOP****Tuition \$135.00**

Students will build on the basics learned in Introduction to Adobe Photoshop. Image combining, enhancement retouching, scanning specifications, perfect masking, and layering skills will be covered. Prerequisite: XCG106 or equivalent knowledge. (12 hours) (1.2 CEUs)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37835	Grant	Thursday	5/4-5/18	6:00pm-10:00pm	Sally Slacke Ctr., 103

**XCG102 INTRODUCTION TO ADOBE InDESIGN****Tuition \$149.00**

Introduction to Adobe InDesign familiarizes the student with a new and powerful level of page design. The student will learn how to produce professional typography, use and apply editable drop shadows, use feathering, and output reliably. The course includes an overview of common Adobe commands, tools, palettes, and keyboard shortcuts. (15 hours) (1.5 CEUs)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37836	Grant	Tue/Wed	4/18-4/27	6:15pm-10:00pm	Sally Slacke Ctr., 103

**QUICKBOOKS****XCF100 INTRODUCTION TO QUICKBOOKS****Tuition \$185.00**

This introductory course covers setting up a small business accounting management system using best-selling software. Learn how to set up your employee, customer, and vendor lists; manage your inventory; prepare invoices; pay bills; and create reports. Prerequisite: XCO116 or equivalent knowledge. (15 hours) (1.5 CEUs)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37838	Ammerman	Tuesday	2/21-3/14	6:00pm-9:45pm	Riverhead Bldg., 226
37839	Ammerman	Saturday	2/11-3/4	9:00am-12:45pm	Riverhead Bldg., 239

**XCF200 INTERMEDIATE QUICKBOOKS****Tuition \$185.00**

This course continues the study of QuickBooks. Learn how to track customers, sales, vendors, and expenses. Budgeting, forecasting, and reporting will also be covered. Prerequisite: XCF100 or equivalent knowledge. (15 hours) (1.5 CEUs)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37840	Ammerman	Tuesday	3/28-4/18	6:00pm-9:45pm	Riverhead Bldg., 226
37841	Ammerman	Saturday	3/18-4/15	9:00am-12:45pm	Riverhead Bldg., 239



**COURSES TO AID VOCATIONAL PURSUITS**

**PRESENTATION SKILLS**

**XBM142 IMPROVING YOUR PRESENTATION SKILLS**

**Tuition \$108.00**

Students will learn how to develop and deliver effective presentations. Public speaking and presenting are often cited as major personal fears. However, these skills are essential to success. Understand the basics of knowing your audience and content material and how to use technology to support your presentation. (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
38093	Sayville	Tue/Th	4/11-4/20	6:00pm-9:00pm	319

**WRITING**

**XEG100 CREATIVE WRITING FOR FICTION AND NON-FICTION WRITERS**

**Tuition \$185.00**

Beginning and advanced writers are invited to participate in a course covering fiction, memoirs, and short story or essay collections. Published and non-published writers are welcome. This course will provide helpful group support and critiquing, editing advice, and marketing ideas. (20 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
38054	Ammerman	Saturday	2/25-4/22	1:30pm-4:00pm	Southampton Bldg., 125

**MANAGEMENT AND LEADERSHIP SKILLS**

**XBM213 FACILITATION SKILLS**

**Tuition \$175.00**

Students will learn how to lead meetings and brainstorming sessions while building consensus. This introductory course includes the proven approach and technique to successful facilitation. It includes setting ground rules, motivating and managing, consensus building, problem solving, evaluation, and implementation planning. (10 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37843	Sayville	Monday	5/1-5/15	6:00pm-9:20pm	319

**XBM214 PROBLEM-SOLVING AND TEAM BUILDING**

**Tuition \$54.00**

Students will learn how to construct a solid framework and develop strategies for long-range vision and problem-solving, while serving as a member of a team. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37846	Sayville	Tuesday	3/7	6:00pm-9:00pm	319

**XBM320 PROJECT MANAGEMENT**

**Tuition \$299.00**

This is a first course in project management for students with no prior-related education or experience. Students completing this class will learn project management methodology, techniques, and best practices that can be applied immediately in the workplace. The course will cover ProjectScope; schedule; budget; human resources; communication; quality risk; contracts; integration; and stockholder management. Completion of this class will fulfill the Project Management Institute's (PMI) educational requirement to be able to sit for the Certified Associate in Project Management (CAPM) Exam. **Students are required to purchase, A Guide to the Project Management Body of Knowledge: PMBOK Guide, 6<sup>th</sup> Edition by the Project Management Institute (ISBN 978-1628253825).** (24 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37847	Ammerman	Thursday	4/13-5/18	6:00pm-10:00pm	Southampton Bldg., 125

**XBM260 LEAN SIX SIGMA**

**Tuition \$159.00**

This course will introduce the student to the Lean Six Sigma method for improving customer value, reducing defects in production, and eliminating waste. Quality management tools such as Value Stream Mapping, Cause and Effect Diagramming, Statistical Process Controls, and Kanban will be taught and explored through practical applications. This course serves as an introduction to Lean Six Sigma - no previous knowledge or experience is required. Students completing this course will be prepared for an optional Lean Six Sigma Yellow Belt Certification. This course also provides a springboard for further study toward more advanced Green and Black Belt certifications. (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37848	Online	Monday	2/27-3/27	9:00am-12:00pm	Online

**XBM144 CONFLICT MANAGEMENT**

**Tuition \$95.00**

Students will learn how to manage conflict productively using role playing, small group exercises, and class discussions. After this workshop, you will be able to: 1) recognize and define conflict 2) compare and contrast the four major conflict styles 3) recognize personality types with which you may clash 4) develop specific strategies for managing conflict and 5) develop communication skills for managing conflict. (6 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37849	Brentwood	Saturday	5/6-5/20	10:00am-12:00pm	Sally Slacke Ctr., 102

**XBM212 THE BASICS OF SUPERVISION**

**Tuition \$135.00**

Students will explore how to best support and manage a team through communication, motivational principles, problem-solving and decision-making, and positive discipline and reward. (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37850	Sayville	Monday	3/27-4/17	10:00am-1:00pm	308

**XBM107 MANAGEMENT AND LEADERSHIP**

**Tuition \$185.00**

Leadership in the workplace refers to the ability to guide others toward institutional goals. Learn why leadership is important; how to identify various leadership strategies; how to employ motivational strategies and problem-solving techniques; and the importance of team building. (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37851	Ammerman	Saturday	2/4-2/18	9:00am-1:00pm	Southampton Bldg., 125

**IMPORT/EXPORT**

**XBM113 GOING INTO THE IMPORT/EXPORT BUSINESS**

**Tuition \$99.00**

Students will learn how to choose product lines; identify target markets; find customers; organize a distribution network; prepare a business plan; ensure prompt payment; arrange international transportation and insurance; prepare simple agreements; cope with fluctuating exchange rates; adapt products and prices to target market conditions; and become familiar with U.S. Customs Regulations. Students will learn how to use the internet to access trade information from the Department of Commerce. (7 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37852	Ammerman	Saturday	04/08	9:00am-4:00pm	Southampton Bldg., 128

**REAL ESTATE**

**XRE103 77-HOUR REAL ESTATE SALESPERSON COURSE**

**Tuition \$599.00**

Students will prepare for the New York State Real Estate Salesperson's Examination with this mandatory 77-hour license qualifying course. Topics include: license law and regulations; law of agency; real estate instruments; estates and interests; real estate financing; land use regulations; construction valuation; human rights issues; fair housing law; real estate mathematics; and environmental issues. **Students are required to purchase the New York Real Estate for Salespersons, 6<sup>th</sup> Edition published by OnCourse Publishing (ISBN 978-1-62980-025-7).** Please note: missing more than two class meetings will result in a withdrawal from the program. (77 hours plus final examination)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37853	Online	Tue/Th	2/21-5/4	6:00pm-10:00pm	Online

**OSHA TRAINING****XOS117 OSHA 10-HOUR CONSTRUCTION CERTIFICATION****Tuition \$99.00**

Students will learn the basic practices of identifying, reducing, eliminating and reporting hazards associated with their work. There will be an additional \$8.00 fee required for your OSHA course completion card. (10 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37854	Online	Tuesday	1/24-2/14	6:00pm-8:30pm	Online

**XOS120 OSHA 30-HOUR CONSTRUCTION SAFETY CERTIFICATION****Tuition \$359.00**

As of June 1, 2019, Local Law 196 of New York City requires workers at construction sites, Site Safety Managers, Site Safety Coordinators, and Construction Superintendents to have 30 hours of safety training. This requirement can be satisfied with this OSHA 30-hour training course. **Students are required to purchase OSHA 30-Hour Construction; Student Workbook (OSHA Outreach Training Program) (ISBN 978-1975997830 or the Spanish version ISBN 978-1977837479).** (30 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37855	Online	Tuesday	3/7-5/16	6:30pm-9:30pm	Online

**XOS140 OSHA BLOODBORNE PATHOGEN SAFETY CERTIFICATION****Tuition \$25.00**

Bloodborne pathogens are infectious materials in blood that can cause a variety of diseases in humans, including Hepatitis B (HBV), Hepatitis C (HCV) and Human Immunodeficiency Virus (HIV). Workers exposed to these pathogens risk serious illness or death. The purpose of this course is to protect workers from potential exposures. Topics include needle stick prevention; occupational exposure tasks; OSHA Bloodborne Pathogen Exposure Control Plans; emergency response, controls, procedures and practices for prevention; PPE requirements; and exposure incidents/post-exposure requirements. This course is designed for anyone with a reasonable chance of coming into contact with bloodborne pathogens such as correctional officers, childcare workers, security guards, maintenance workers, school personnel, hotel housekeepers, health and fitness club staff and tattoo artists and is required annually for all employees who are potentially exposed to bloodborne pathogens in the course of their work. (1 hour)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37856	Online	Tuesday	1/31	5:00pm-6:00pm	Online
37857	Online	Tuesday	2/14	5:00pm-6:00pm	Online

**CONSTRUCTION****XBC101 BLUEPRINT READING FOR THE CONSTRUCTION TRADES****Tuition \$159.00**

This course will introduce trades people to the fundamentals of understanding the information provided on construction drawings. This course will cover interpretation of architectural, mechanical, electrical, and site plans and the coordination between them. Students will dissect a working set of commercial plans as well as be encouraged to present their own plans for the class to analyze as a group. The differences between schematic drawings, construction drawings, shop drawings, and as-built drawings will be discussed. (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37858	Brentwood	Saturday	2/4-2/25	9:00am-12:00pm	Sally Slacke Bldg., 105

**SCHOOL AND HEALTH CERTIFICATIONS****XED800 PREPARATION FOR THE LEVEL I NYS TEACHING ASSISTANT SKILLS (ATAS) EXAM****Tuition \$269.00**

This course will not only prepare participants for the Level I NYS Assessment of Teaching Assistant Skills (ATAS) Exam, but also for becoming a successful teaching assistant. Students will be provided with instruction to brush up on the four areas of the exam: Reading, Writing, Mathematics, and Instructional Support. The role of the teaching assistant, case studies, effective teaching strategies and navigation of the NYSED-OTI online certification process for teaching assistants will also be included. Books and materials will be provided. (18 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37859	Ammerman	Thursday	2/9-3/16	6:00pm-9:00pm	Southampton Bldg., 125

**XED801 PREPARATION FOR THE LEVEL I NYS TEACHING ASSISTANT SKILLS (ATAS) EXAM (WITH MANDATED NYSED WORKSHOPS) (savings of \$40)****Tuition \$399.00**

This course will not only prepare participants for the Level I NYS Assessment of Teaching Assistant Skills (ATAS) Exam, but also for becoming a successful teaching assistant. Students will be provided instruction to brush up on the four areas of the exam: Reading, Writing, Mathematics, and Instructional Support, as well as certification in the three required NYSED workshops in DASA, Identification and Treatment of Child Abuse, and Safe Schools Against Violence in Education (SAVE). The role of the teaching assistant, case studies, effective teaching strategies and navigation of the NYSED-OTI online certification process for teaching assistants will also be included. Books and materials will be provided. This course is 30 hours, including NYSED mandated workshops. (30 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37860	Ammerman	Thursday	2/9-4/20	6:00pm-9:00pm	Southampton Bldg., 125

**XED600 DIGNITY FOR ALL STUDENTS ACT (DASA)****Tuition \$90.00**

The Dignity for All Students Act (DASA) seeks to ensure that all students attend school in an environment free from discrimination, intimidation, taunting, harassment, and bullying on school property. Under DASA, school professionals (teachers, paraprofessionals, counselors, psychologists and social workers) who apply for state certification after December 31, 2013 must take this six-hour course. This includes personnel who are applying for new certificates, e.g., paraprofessionals going from a Level 1 to a Level 2. (6 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37861	Ammerman	Thursday	4/13-4/20	6:00pm – 9:00pm	Southampton Bldg., 125
37862	Online	Mon/Tue	2/13-2/14	6:00pm-9:00pm	Online

**XED112 SAFE SCHOOLS AGAINST VIOLENCE IN EDUCATION TRAINING****Tuition \$45.00**

All applicants for a teaching certificate on or after February 2, 2001, are required to complete at least two clock hours of coursework or training in school violence prevention and intervention in accordance with Section 3004 of the Education Law. This includes applicants for certificates in administrative and supervisory service, classroom teaching service, and pupil personnel service. Successful completion of this two-hour course meet this requirement. (2 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37863	Ammerman	Thursday	3/30	6:00pm-8:00pm	Southampton Bldg., 125
37864	Online	Wednesday	2/15	4:00pm-6:00pm	Online
37865	Online	Tuesday	5/9	6:00pm-8:00pm	Online

**XED114 IDENTIFICATION AND TREATMENT OF CHILD ABUSE****Tuition \$50.00**

This course meets the training requirements of Chapter 544 of the Laws of New York, 1988, for licensure and re-registration effective January 1, 1991. This law mandates that professionals with provisional certificates and those needing to renew licenses must provide documentation of having completed three hours of coursework or training regarding the identification and reporting of child abuse and maltreatment. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37876	Ammerman	Thursday	4/6	6:00pm-9:00pm	Southampton Bldg., 121
37877	Online	Wednesday	2/15	6:30pm-9:30pm	Online
37878	Online	Monday	5/8	6:00pm-9:00pm	Online

**XAH150 INFECTION CONTROL WORKSHOP****Tuition \$50.00**

This course meets the training requirements of Chapter 786 of the Education Laws of 1992, as amended, which established a new requirement for all dentists, dental hygienists, licensed practical and registered nurses, optometrists, and podiatrists. The law states that these professionals who completed coursework or training in infection control on or before July 1, 1994, must update this information every four years thereafter and attest compliance to the State Education Department with every application. All physicians, physician assistants, and special assistants must attest compliance to the Department of Health. The required documentation will be supplied to all participants. Please bring your license/permit/control or certificate number to the workshop. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37879	Online	Monday	2/20	6:00pm-9:00pm	Online
37880	Online	Monday	4/17	9:00am-12:00pm	Online

**MEDICAL BILLING SERIES**

Upon completion of *XMB101, XMB102 AND XMB103* students will receive a series completion certificate.

**XMB101 INTRODUCTION TO CODING DIAGNOSES FOR BILLING****Tuition \$159.00**

This skill-based course with minimal theory introduces students to ICD10CM coding using practice exercises. **Students are required to purchase *ICD-10-CM 2023, The Complete Official Codebook, published by the American Medical Association (ISBN 978-1640162228)*.** This is the first course in a series. Books are mandatory for the first day of class. (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37881	Online	Wednesday	2/1-2/15	6:00pm-10:00pm	Online
37882	Ammerman	Saturday	2/4-2/18	9:00am-1:00pm	Southampton Bldg., 121

**XMB102 INTRODUCTION TO CODING PROCEDURES FOR BILLING (CPT4)****Tuition \$125.00**

This skill-based course with minimal theory introduces students to the CPT4 coding system, the basis for medical billing. **Students are required to purchase *Current Procedural Terminology CPT Professional-2023 published by the American Medical Association (ISBN 978-1640162136)*.** Prerequisite: XMB101. (9 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37883	Online	Wednesday	2/22-3/8	6:00pm-9:00pm	Online
37884	Ammerman	Saturday	2/25-3/11	9:00am-12:00pm	Southampton Bldg., 121

**XMB103 INTRODUCTION TO BILLING IN THE MEDICAL OFFICE****Tuition \$125.00**

This course introduces students to billing in the medical office. Upon completion, the student will be able to identify the medical terms necessary for the billing process, identify and work with the HCFA 1500 insurance form, and handle form submission and follow-up of claims. Prerequisite: XMB102. (9 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37885	Online	Wednesday	3/15-4/5	6:00pm-9:00pm	Online
37886	Ammerman	Saturday	3/18-4/8	9:00am-12:00pm	Southampton Bldg., 121

**XMB104 COMPUTERIZED MEDICAL BILLING****Tuition \$190.00**

Students will learn how to use medical billing software to automate the paperwork required by insurers. **Students are required to purchase *Billing & Reimbursement, 6<sup>th</sup> Edition licensed by Medtrak Learning*.** Prerequisite: XMB101, XMB102 and XMB103. (18 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37887	Online	Wed/Th	4/6-4/26	6:00pm-9:00pm	Online
37888	Ammerman	Saturday	4/15-4/29	9:00am-3:00pm	Riverhead Bldg., 209

**MEDICAL FINANCE****XHF100 INTRODUCTION TO HEALTH CARE FINANCE AND REVENUE CYCLE****Tuition \$159.00**

This course is designed for current and prospective health care administrators who are interested in building a solid foundation in finance and understanding the revenue cycle. Topics include budgeting, expenses, charges, reimbursements, payer contracting, and all steps within the revenue cycle process. (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37889	Brentwood	Wednesday	3/8-4/5	6:00pm-9:00pm	Sally Slacke Ctr., 105
37890	Eastern	Saturday	4/15-4/29	9:00am-1:00pm	Orient Bldg., 110

**MEDICAL TERMINOLOGY****XMB110 INTRODUCTION TO MEDICAL TERMINOLOGY****Tuition \$240.00**

This course is designed for individuals planning to enter or upgrade their skills in the health care field. Positions such as medical records clerk, health unit clerk, medical transcriber, medical office biller, or nurse require this knowledge. Prefixes, suffixes, and acronyms will be covered. Students will develop a working knowledge of the medical language needed in a healthcare setting. **Students are required to purchase *Medical Terminology A Short Course 9<sup>th</sup> edition by Davi-Ellen Chabner, Elsevier ISBN: (978-0-323-47991-2)*.** (24 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37891	Ammerman	Tue/Th	4/27-5/16	6:00pm-10:00pm	Online

**YOGA TEACHER CERTIFICATION****XFT151 YOGA ALLIANCE APPROVED 200-HOUR TEACHER TRAINING – PART I****Tuition \$1,200.00**

This 200-hour course is offered in two parts, over two semesters. This program includes asanas, pranayamas, kriyas, chanting, mantra, meditation, and other traditional yoga techniques. This course will be comprised of analytical training in how to teach and practice the techniques and guided practice of these techniques. This is a Yoga Alliance approved yoga course. **Students are required to purchase *Functional Anatomy of Yoga: A Guide for Practitioners and Teachers by David Keil, Ashtanga Yoga: The Practice Manual Hardcover by David Swenson, The Yoga Sutras of Patanjali by Sri Swami Satchidananda, The Living Gita: The Complete Bhagavad Gita - A Commentary for Modern Readers by Sri Swami Satchidananda*.** Meetings will be on Saturday, Sunday and Tuesday; a meeting calendar will be distributed at the first meeting. *Please contact Andrea Dunkirk in the Office for Continuing Education at 631-451-4552 for additional information.*

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37892	Ammerman	Sat/Sun/Tue	3/4-5/13	10:00am-5:00pm	Brookhaven Gym, 2

**PHARMACY TECHNICIAN PROGRAM**

*Grant-funding is available based on eligibility, please contact Andrea Dunkirk in the Office for Continuing Education at 631-451-4552 prior registering to arrange for an interview and an admissions assessment.*

**XAH510 PHARMACY TECHNICIAN PART I****Tuition \$1,695.00**

This is a two-semester program. Students will acquire the knowledge and skills necessary to obtain employment in pharmacies under the supervision of registered pharmacists or licensed pharmacy technicians. Students must possess a high school diploma or a High School Equivalency diploma. Field placement is required.

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37893	Sayville Sayville - Labs	M/Tu/W/Th/F M/Tue/W/Th	2/27-6/23	6:00pm-10:00pm 6:00pm-10:00pm	219

**XAH511 PHARMACY TECHNICIAN PART II****Tuition \$1,695.00**

Builds upon knowledge and skills acquired in XAH510. Prerequisite: Successful completion of XAH510 (Pharmacy Technician Part I). Field placement is required.

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37894	Sayville Sayville - Labs	M/Tu/W/Th/F M/Tu/W/Th	2/27-6/23	6:00pm-10:00pm 6:00pm-10:00pm	219

**OPHTHALMIC TECHNICIAN PROGRAM***Grant-funding is available based on eligibility, please contact Andrea Dunkirk in the Office for Continuing Education at 631-451-4552 prior registering to arrange for an interview and an admissions assessment.***XOT530 OPHTHALMIC TECHNICIAN ASSISTANT****Tuition \$1,999.00**Students will participate in 130-hours online instruction and lab time on campus as well as a 40-hour externship to gain the knowledge and hands-on skills necessary to obtain employment in a variety of optical service facilities. In addition, students will earn a Basic Life Support (BLS) Certification, an OSHA Bloodborne Pathogen Certification, and receive 2-hours of one-on-one career coaching. Participants must possess a high school diploma or a High School Equivalency diploma. Field placement is required. **Note: Class times will vary.**

CRN	CAMPUS	DAY	DATE	TIME	ROOM
38058	Grant/Online Grant - Labs	M/Tu/W/Th/F M/Tu/W/Th	2/27-6/23	6:00pm-10:00pm 6:00pm-9:00pm	Sally Slacke Ctr., 101

**DIETARY MANAGERS****XAH120 DIETARY MANAGERS CERTIFICATE PROGRAM Part - 1****Tuition \$699.00**

This 120-hour Dietary Managers Program is a two-semester course which trains and educates food service managers. This course has been granted full approval by the Association of Nutrition and Food Service Professionals (ANFP). Graduates are eligible for membership in the ANFP and may take the National Certification Examination for Dietary Managers. Supervisors, cooks and other dietary personnel who have demonstrated leadership potential are eligible to enroll in the program. Field placement is required. (60 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37895	Online	Online	2/27-5/19	Online	Online

**HEALTH INFORMATION TECHNOLOGY***Grant-funding is available based on eligibility, please contact Andrea Dunkirk in the Office for Continuing Education at 631-451-4552 prior registering to arrange for an interview and an admissions assessment.***XHI204 HEALTH INFORMATION TECHNOLOGY****Tuition \$1,100.00**

Students will participate in online instruction to develop career skills for the Health IT workforce. This Health IT online program is approximately 140-hours of online instruction which includes instruction, simulations, a Healthcare Information and Management System Society (HIMSS) Exam Review and job preparation and career coaching. In addition, students will earn Basic Life Support (BLS) Certification, an OSHA Bloodborne Pathogen Certification and participate in a 30-hour externship in a medical facility. Students will learn the practical knowledge and skills required to fill the Health IT roles in a variety of health care settings. Students will be introduced to eClinics, an electronic health record practice management software system used in the medical field. Upon successful completion of the program, students will receive a Certificate of Completion from Suffolk County Community College and will be prepared to take the certification exam administered by Healthcare Information and Management Systems Society (HIMSS). This exam will allow the student to become a Certified Associate in Health Information and Management Systems (CAHIMS).

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37896	Online	Online	2/27-6/23	Online	Online

**HEALTH AND WELLNESS COURSES****SELF-EMPOWERMENT AND SELF-IMPROVEMENT****XSH153 THE HUMAN BODY – A PERFECT MACHINE****Tuition \$99.00**

This course will cover how all the major body systems work allowing you to live your best life. Learn how all the systems are interconnected and some of the common medical conditions associated with these systems. The course will also cover lifestyle modifications proven to improve these systems allowing you to optimize your perfect machine. (6 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37897	Ammerman	Friday	4/21-4/28	12:00pm-3:00pm	Lindsay, 129

**XSH154 THE SCIENCE OF SMART – HOW TO OPTIMIZE BRAIN FUNCTION****Tuition \$59.00**

This course will cover how the brain and nervous system work in everyday life. Reach your brain's full potential for learning, improving mood, memory and emotional wellbeing. Common medical conditions such as Alzheimer's Disease will also be discussed. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37898	Ammerman	Friday	4/7	12:00pm-3:00pm	Lindsay, 129

**XSH155 HEALTH AND THE CIRCULATORY SYSTEM – THE KEY TO LONGEVITY****Tuition \$59.00**

This course will cover how the heart and circulatory system work. Understanding the anatomy of the heart and circulatory system's relationship to human health can be a powerful tool in preventing heart disease which is the leading cause of death in the United States. Learn how lifestyle modifications can improve and even reverse some of the medical conditions associated with heart disease. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37899	Ammerman	Friday	5/5	12:00pm-3:00pm	Lindsay, 129

**XSH122 STRESS MANAGEMENT****Tuition \$45.00**

Most people are not aware of the magnitude of stressors in their lives. This course is about learning to "positively adapt" yourself to ensure a healthier way of being. Learn to do so, as you examine personal and professional applications in managing stress. This course will give you practical tools to enhance your ability to RELAX and to handle stress more effectively. (1 meeting) (2 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37900	Ammerman	Saturday	4/15	10:00am-12:00pm	Southampton Bldg., 128

**XSH133 MINDFULNESS THROUGH MEDITATION****Tuition \$45.00**

Today more than ever before, people from every walk of life are using meditation, with its tremendous health and social benefits, to enhance their personal or professional lives. This course explores Eastern and Western philosophy and meditative approaches. Please bring the following to class: a mat, cushion or blanket, paper, pencil, and a water bottle. Please dress in comfortable clothing. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37901	Ammerman	Saturday	4/22	10:00am-1:00pm	Brookhaven Gym, 2

**XSH136 FIVE ANIMAL QIGONG****Tuition \$75.00**

Students will learn a system of mind/body exercises that will cultivate a calm mind and heightened awareness, while releasing stress and tension. The set that will be practiced consists of five easy to learn movements that correspond to the characteristics of five animals: snake, turtle, dragon, crane, and tiger. Students will develop internal strength and balance. This practice is suitable for all ages and abilities. (5 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37902	Ammerman	Monday	4/17-5/15	6:00pm-7:00pm	Brookhaven Gym, MAG

**BASIC LIFE SUPPORT****XAH125 BASIC LIFE SUPPORT (BLS)****Tuition \$99.00**

The American Heart Association's (AHA) Basic Life Support (BLS) course is designed for healthcare professionals and other personnel who need to know how to perform CPR and other basic cardiovascular life support skills for adult, child and infant, using both single-rescuer and team basic life support skills, in a wide variety of in-facility and prehospital settings. Emphasis will also be placed on High-Quality CPR and team dynamics. Upon completion, students will receive a BLS Course Completion Card, which is valid for two years. **Students must purchase their own manual, Basic Life Support (BLS) Provider Manual, AHA Product Number: 15-1010 or ISBN#: 978-1-61669-407-4 prior to class.** (4 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37903	Sayville	Thursday	2/2	6:00-10:00pm	308

**XAH126 BLS RENEWAL COURSE****Tuition \$79.00**

Review skills practice and testing to renew BLS Certification. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37904	Sayville	Thursday	2/9	6:00-9:00pm	308

**XAH112 ADULT CPR AND AED TRAINING****Tuition \$99.00**

This course trains students to give CPR and use an Automated External Defibrillator (AED) in a safe, timely, and effective manner. Students will learn how to perform high-quality CPR on an adult, learn the concepts of the Chain of Survival and recognize when someone needs CPR. The course demonstrates how to use an AED on an adult. It is designed for individuals with limited or no medical training who need a course completion card in CPR and AED use to meet job, regulatory, or other requirements. This course is ideal for correctional officers, childcare workers, security guards, maintenance workers, school personnel, hotel housekeepers, and health and fitness club staff. (4 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37905	Sayville	Thursday	2/16	6:00pm-10:00pm	308

**XAH127 FIRST AID, CPR AND AED TRAINING****Tuition \$99.00**

This course trains students to provide first aid and CPR, and use an Automated External Defibrillator (AED) in a safe, timely, and effective manner. This course is designed for individuals with little or no medical training who need a course completion card for their job, to meet regulatory requirements, or to be prepared for an emergency in any setting. Students will also learn first aid basics, and gain insight into medical emergencies, injury emergencies; environmental emergencies; opioid- associated, life-threatening emergencies; and preventing illness and injury. (4 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37906	Sayville	Thursday	2/23	6:00pm-10:00pm	308

**XAH129 PEDIATRIC FIRST AID, CPR AND AED TRAINING****Tuition \$99.00**

This course trains students on how to respond to and manage illnesses and injuries in a child or infant in the first few minutes after an emergency, until professional help arrives. Students will learn first aid basics, including how to handle medical, injury, poison and environmental emergencies; allergic reactions; breathing problems and dehydration; diabetes and low blood sugar; heat- and cold-related emergencies; drowning; amputations; bites and stings; and broken bones and sprains. This course also covers splinters; nose bleeds; fainting; seizures; and injuries to the head, eyes, neck, spine, mouth and teeth. Students will learn CPR and AED use for choking, CPR and AED use for children and infants, and child and infant choking prevention. This course is designed for anyone involved in childcare who has a duty to respond to illnesses and injuries that may occur in children or infants in the first few minutes after an emergency, until professional help arrives. This course is ideal for childcare workers, teachers, camp counselors, babysitters and nannies. (4 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37907	Sayville	Thursday	3/2	6:00pm-10:00pm	308

**XAH103 BLEEDING CONTROL BASICS COURSE****Tuition \$99.00**

This course offers students training in basic bleeding control techniques such as direct pressure, wound packing and tourniquet application. Students will learn the history of hemorrhagic control, the science behind hemorrhagic control, treating shock, and current developing trends in medicine. This course is appropriate for both the general public and health care providers. Hands on evaluation will lead to a Certificate of Completion from the American College of Surgeons and the Department of Homeland Security. (4 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37908	Sayville	Thursday	3/9	6:00pm-10:00pm	308

**EXERCISE AND SPORTS****XFT104 TAI CHI FOR EVERYONE****Tuition \$135.00**

Students will learn a form of exercise that will help increase your energy level, reduce stress, and improve balance, and coordination while maintaining your strength and flexibility. This form of exercise consists of gentle postures combined with slow continuous movements. (9 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37909	Ammerman	Saturday	3/4-4/8	9:30am-11:00am	Brookhaven Gym, MAG

**XSH134 REIKI I PRACTITIONER****Tuition \$145.00**

Through the ancient art of Usui Reiki, this course offers an understanding of the body, mind, and spirit connection. You will learn this beautiful Japanese technique, which is offered in health care facilities around the world. Focusing on extensive practical experience, the Reiki Master will instruct students in the art of Reiki and how to provide Reiki sessions for themselves and others. Please bring a bottle of water to class. Students must attend all seven classes to receive certification as a Reiki I Practitioner. Course materials will be provided. (14 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37910	Sayville	Monday	2/27-4/17	7:00pm-9:00pm	308

**XFT124 YOGA****Tuition \$135.00**

Boost concentration, flexibility, strength and your inner peace through Hatha Vinyasa Yoga. During the practice of Hatha Yoga, breath and movement are linked while taking time to hold the pose to receive its full benefit. This fairly active approach to yoga provides a mind/body workout that relaxes and invigorates at the same time. These sessions are suitable for most levels. Participants should bring a water bottle, towel and mat. This course is not designed for individuals who have pre-existing medical conditions that can be made worse by exercise. Prior to the beginning of these classes, all course participants must read and sign an Assumption of Risk Release Form. (10 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
38084	Ammerman	Tuesday	2/21-5/9	5:30pm-6:20pm	Brookhaven Gym, 2
37912	Ammerman	Friday	2/24-5/5	12:00pm-12:50pm	Brookhaven Gym, 2

**XFT132 CHAIR YOGA****Tuition \$135.00**

Boost concentration, flexibility, strength and your inner peace through Hatha Vinyasa Yoga. During the practice of Hatha Yoga, breath and movement are linked while taking time to hold the Chair yoga is a gentle form of yoga that is practiced sitting on a chair or standing using a chair for support. Frequently, the chair yoga student is unable to participate in a traditional yoga class due to the effects of aging, injuries or limited mobility. However, chair yoga is a great practice for everyone. It deepens flexibility while strengthening personal body awareness. All traditional yoga postures are practiced with the aid of the chair and yogic breathing practices. Chair yoga has helped people with a variety of health issues, including hypertension (high blood pressure), anxiety, chronic fatigue syndrome, arthritis, vertigo, multiple sclerosis, osteoporosis, carpal tunnel syndrome, clinical depression, and chronic pain. Prior to the beginning of these classes, all course participants must read and sign an Assumption of Risk Release Form. (10 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37971	Ammerman	Monday	2/27-5/8	12:00pm-12:50pm	Brookhaven Gym, 2

**XFT125 PERSONAL TRAINING****Tuition \$100.00**

Each session will be a total body workout designed just for you! Participants will train with a student fitness specialist under the supervision of certified fitness professionals. Soon-to-be graduates of the College Fitness Specialist Program will work with you to provide an innovative and up-to-date experience at an affordable price. This course is not designed for individuals who have pre-existing medical conditions that can be worsened by exercise. All participants should consult with their physicians prior to undertaking any program of exercise. Prior to the beginning of these classes, all participants must read and sign an Assumption of Risk Release form. (20 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37914	Ammerman	Mon/Wed	2/22-5/8	12:30am-1:20pm	Brookhaven Gym, 26

**XFT121 GOLF FOR BEGINNERS****Tuition \$199.00**

Experience the challenge and pleasures of golf while acquiring the fundamentals. Learn alignment, stance, posture, body rotation, weight transfer and balance, and the proper techniques for putting, chipping and pitching. The course will cover the rules and etiquette of golf and prepare you to enjoy the terrific golf courses Long Island has to offer. The class will meet at Heartland Golf Park in the Brentwood-Deer Park area. There will be a charge of \$15.00 per session for range balls. (7.5 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37915	Ammerman	Thursday	4/20-5/18	6:00pm-7:30pm	Off Campus

**FINANCE COURSES****XFN119 FINANCIAL PLANNING OVERVIEW****Tuition \$30.00**

You may have come across the term "financial planning" recently and wondered what it means. You may have decided to start your own financial plan but are not sure how. Or, you may feel it is time you went to a financial planner for advice. Whatever your situation, this course will help you decide what is right for you. Learn why the financial planning process is the most important part of your financial well-being. (2 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37926	Brentwood	Saturday	2/18	10:00am-12:00pm	Sally Slacke, 102

**XFN115 STOCK, BOND AND MUTUAL FUND INVESTING****Tuition \$59.00**

This course provides an understanding of common stocks, bonds and mutual funds. This class gives you an introduction to several methods of researching and evaluating investments including, but not limited to, the internet. Students will have an understanding of the benefits of financial planning, asset allocation and portfolio building. This course is for the novice investor as well as for those who wish to become better acquainted with the financial marketplace. (3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37927	Brentwood	Thursday	3/2-3/9	6:30pm-9:30pm	Sally Slacke, 102

**PERSONAL ENRICHMENT COURSES****ARTISTIC EXPRESSION****XFA104 BASIC DIGITAL PHOTOGRAPHY****Tuition \$108.00**

This workshop provides an exciting opportunity to explore the fascinating world of digital photography using a DSLR (digital single-lens reflex) camera. Topics include composition, light and shadow, portraiture, abstract and landscape photography. Explore how you intend to use your images – for the internet or print. What about noise reduction, burst speed, white balance, optical and digital zoom, buffer, and burst mode? Further explore these issues and the specifics of digital camera controls, such as resolution, formatting, color space and correct exposure. Students need to bring a DSLR camera to class. Each week students will bring in prints for group discussion and critique. (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37928	Grant	Wednesday	3/1-3/29	6:00pm-9:00pm	Sagtikos Art Bldg., TBA

**XFA204 INTERMEDIATE DIGITAL PHOTOGRAPHY****Tuition \$189.00**

This course develops the skills acquired in XFA104 while learning additional features of photography. Topics include flash, still life, and creative and conceptual photography. Students will have an opportunity to utilize the skills they have learned to create their own project. Students must bring their DSLR digital camera to class. (16 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37929	Grant	Wednesday	4/6-4/26	6:00pm-10:00pm	Sagtikos Art Bldg., TBA

**XFA117 PORTRAIT PHOTOGRAPHY****Tuition \$108.00**

This course is designed to provide students with the skills necessary to create a successful portrait. Students will explore a variety of methods and approaches to portrait photography. Topics will include lighting, location, film choice and composition. Each week students will shoot photos and critique their work in class. Students must bring their DSLR digital camera to class. (12 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37930	Grant	Wednesday	5/3-5/24	6:00pm-10:00pm	Sagtikos Art Bldg., TBA

**FOREIGN LANGUAGE****XFL100 BASIC SPANISH FOR TRAVELERS****Tuition \$95.00**

This course is intended for those planning to travel to a Spanish-speaking country. Learn the language you need to get to and from the airport, tour the country, take care of personal needs, enjoy cultural sites, and eat at local restaurants. (9 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37931	Sayville	Wednesday	3/1-3/15	7:00pm-10:00pm	308

**XFL103 INTENSIVE PRACTICAL SPANISH****Tuition \$285.00**

Students will learn basic Spanish vocabulary and grammar in four weekends. An excellent course for those who work with Spanish-speaking employees or customers or for those who plan to travel to Spanish-speaking countries. (32 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37932	Ammerman	Sat/Sun	4/15-4/23	9:00am-5:00pm	Southampton Bldg., 121

**XFL104 COMMUNITY SPANISH****Tuition \$159.00**

This course is designed for the person who wants an easy and quick way to learn everyday Spanish. This course explores speaking in Spanish; listening in Spanish; and cross-cultural issues. (15 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37933	Grant	Tue/Th	3/2-3/16	6:00pm-9:00pm	Sally Slacke Ctr., 105

**XFL204 COMMUNITY SPANISH II****Tuition \$159.00**

This program continues the course of study from Community Spanish I. This course will emphasize grammar, advanced listening and speaking skills using Spanish. Students will further develop vocabulary and conversational skills will be expanded. This course will continue using the same textbook as Community Spanish I. Prerequisite: Community Spanish I (15 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37934	Grant	Tuesday	3/28-4/25	6:00pm-9:00pm	Sally Slacke Ctr., 105

**XFL105 BASIC FRENCH FOR TRAVELERS****Tuition \$95.00**

This course is intended for those planning to travel to a French-speaking country. Learn the language you need to get to and from the airport, tour the country, take care of personal needs, enjoy cultural sites, and eat at local restaurants. (9 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37935	Sayville	Wednesday	3/8-3/29	6:30pm-9:30pm	319

**AGRICULTURE****XST003 YOUR HOME OR COMMUNITY ORGANIC VEGETABLE GARDEN****Tuition \$49.00**

This is the first of a series of courses to prepare for your own home or a community garden. The emphasis of this series is to use natural methods that are chemical free for organic gardening. This course will cover what "organic" gardening really means; timelines; companion planting; garden design; and using a community plot for best results. (4 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37943	Grant	Sunday	3/19	10:00am-2:00pm	Sally Slacke Ctr., 105

**XST004 SEED, GERMINATION OF SEED AND PROPAGATION****Tuition \$49.00**

Propagation can come from seeds, cuttings, roots and leaves. Participants will complete a propagation project to begin their garden which will include germinating alfalfa sprouts, (to be harvested within one week); propagating seeds in jiffy pellets; and rooting various plant parts. The final discussion will center on world seed banks and the history behind different seed species. (4 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37946	Grant	Sunday	4/2	10:00am-2:00pm	Sally Slacke Ctr., 105

**XST005 GARDEN SOIL AND COMPOSTING****Tuition \$49.00**

Bring a soil sample to class and use simple and natural methods to test for composition and nutrients. Learn how to amend soil to correct soil imbalances. Students will learn to compost and the true definition of humus. (4 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37945	Grant	Sunday	4/23	10:00am-2:00pm	Sally Slacke Ctr., 105

**XST006 POLLINATION, INSECTS AND DISEASES****Tuition \$49.00**

Pollination is essential for any garden. Bees, butterflies, and other insects play the role of pollinating. Disease and insect problems and organic solutions will be discussed. Guest speakers will be invited and Mason Bee Houses will be distributed for use in the garden. (4 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37944	Grant	Sunday	5/7	10:00am-2:00pm	Sally Slacke Ctr., 105

**XST015 TREES & SHRUBS FOR THE HOME GARDNER****Tuition \$49.00**

Your property is one of your biggest assets. Learn how to grow a variety of trees and shrubs from natives to ornamentals. Gain insight into how the combination of these two varieties can add interest and value to your property. Finally, explore various plant shopping techniques and see why bigger is not always better. (4 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
38049	Grant	Sunday	5/21	10:00am-2:00pm	Sally Slacke Ctr., 105

**XST007 PERMACULTURE, FRUITS, AND MUSHROOM KITS FOR LONG ISLAND****Tuition \$49.00**

The definition of permaculture, discussion of fruits and edible mushrooms. (4 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37947	Grant	Sunday	6/11	10:00am-2:00pm	Sally Slacke Ctr., 105

**SENIOR ACADEMY – FOR ADULTS AGE 55 AND OVER**

Join us to see the latest in technology, tour our history museum, learn about the stars, explore health and wellness options or plant your own indoor herb garden.

**XSP103 21<sup>ST</sup> CENTURY HUMAN DISSECTION****Tuition \$29.00**

Explore the human body through a virtual dissection experience. Learn how the body works and the common pathologies associated with being human. Professor Peter Smith will be utilizing the Anatomage Virtual Dissection Table and the Visible Body Application to take you on a journey into the human body in a revolutionary way. (2 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37950	Ammerman	Friday	3/31	12:00pm-1:30pm	Lindsey Bldg., 129

**XSP108 HELP KEEP YOUR BRAIN YOUNG****Tuition \$29.00**

Learn how your brain and nervous system work in everyday life. Skills learned will help improve mood, memory, and emotional wellbeing. Common medical conditions such as Alzheimer's Disease will also be discussed. (2 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37951	Sayville	Friday	4/14	1:30pm-3:30pm	308

**XSP104 DESIGN AND CREATE YOUR OWN INDOOR HERB GARDEN****Tuition \$29.00**

This season participants will discuss the positive aspects of an indoor herb garden. Participants will learn how to design and pair herbs for best outcome. Herbs and soil will be provided. Participants may bring their indoor garden containers to use when planting their herb garden. (2 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37952	Eastern	Saturday	4/8	1:00pm-3:00pm	Shinnecock Bldg., 111

**XSP102 INTRODUCTION TO TAI CHI****Tuition \$29.00**

Tai Chi pronounced "Tie Gee," is a system of exercise developed in China over 300 years ago. It is noted for increasing energy, improving balance and stability, and creating a sense of calmness by releasing stress and tension. It is characterized by slow, continuous movements which vary in form and shape. It is performed in a relaxed and conscious manner. Participants will learn a brief history of Tai Chi, key principles and benefits of practicing Tai Chi, and a number of fundamental techniques that they can use daily to achieve some of the benefits of Tai Chi. (2 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
37953	Ammerman	Saturday	2/25	9:30am-11:30am	Brookhaven Gym, TBA

**XDT100-XDT200 DRIVER AND TRAFFIC SAFETY EDUCATION**

Suffolk County Community College offers high school students a non-credit, state-certified Driver and Traffic Safety Education course. Those who successfully complete the course will receive the MV-285 Student Certificate Completion issued by the Motor Vehicle Department. Those who receive a "MV-285" will be eligible for a rate reduction in their automobile insurance, and a senior license at the age of 17. This course will be offered on the Ammerman Campus in Selden, the Michael J. Grant Campus in Brentwood, and the Eastern Campus in Riverhead. To receive an application, please call the Office for Continuing Education at 631-451-4399.

**Scholarships!**

**Science, Technology Engineering and Mathematics (STEM) scholarships are now available for full-time students majoring in these disciplines. Please visit:**

<https://www.sunysuffolk.edu/stem/nsf-i-success/>